

Handheld Shutter Speed Guidelines

***These are only guidelines - actual results will depend on several variables

Full Frame	Crop	1/1000	1/500	1/250	1/125	1/60	1/30	1/15	1/8	1/4	1/2	1
15mm	10mm	HAND	HAND	HAND	HAND	HAND	HAND	HAND	VR/IS	VR/IS	TRI	TRI
28mm	18mm	HAND	HAND	HAND	HAND	HAND	HAND	VR/IS	VR/IS	TRI	TRI	TRI
50mm	35mm	HAND	HAND	HAND	HAND	HAND	VR/IS	VR/IS	TRI	TRI	TRI	TRI
100mm	70mm	HAND	HAND	HAND	HAND	VR/IS	VR/IS	TRI	TRI	TRI	TRI	TRI
200mm	130mm	HAND	HAND	HAND	VR/IS	VR/IS	TRI	TRI	TRI	TRI	TRI	TRI
400mm	270mm	HAND	HAND	VR/IS	VR/IS	TRI	TRI	TRI	TRI	TRI	TRI	TRI
800mm	530mm	HAND	VR/IS	VR/IS	TRI	TRI	TRI	TRI	TRI	TRI	TRI	TRI

HAND =	Handheld
VR/IS =	Stabilized
TRI =	Tripod